



ESO

Epsilon Sigma Omicron
Upsilon Chapter



July 2023

JULY the hot and sultry Dog Days of Summer
(read about the Dog Days of summer)

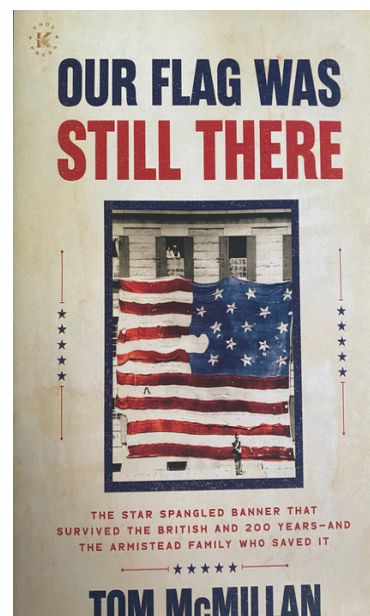
July 1—Canada Day

July 4—Independence Day

July 14--Brian Selznick, U. S. Children's author of
Where the Wild Things Are.

July 21—Ernest Hemmingway's Birthday

Congratulations! GFWC Most Creative
ESO Project—Tracy Woman's Club



What do you know about our flag's history?

1. Who was the seamstress for our flag, "Old Glory"?
2. How many stripes and how many stars are on the flag in 1812?
3. In what year was the War of 1812?
4. The War of 1812 was fought against what country?
5. When did the Star Spangle Banner become our National Anthem?
6. There are how many verses in the Star Spangled Banner?

These questions and many more will be answered in reading this non-fiction book by Tom McMillan. It is a fascinating story not only about the Star Spangled Banner, that has survived over 200 years, but our National Anthem. Also included is George Armistead's victory at Fort McHenry and much more of the little know War of 1812. When the General Federation of Woman's Clubs held their convention in Baltimore in 2016, I remember several of the California Federation delegation going to Fort McHenry to view this very sight. This book brings back those memories as well as teaches a great deal of history. Enjoy a patriotic book during the holiday weekend.

WHY START AN ESO BOOK CLUB?

1. Intellectual Stimulation—group discussion of books read gives the brain a chance to work differently.
2. Community Building—you meet and get to know a wider section of the members of your club.
3. Self-care—book club gives you a few hours for yourself to have some social time with friends.
4. Risk Taking—pushes ones-self to read new genres you might never read unless motivated to do so.
5. Builds Discussion Skills—answering questions about the book(s) read helps develop these skills.



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Chairman